

Department of Health and Physical Education

Basic Physical Education Requirement

All Health and Physical Education students are required to take one course in basic physical education as part of the requirements for graduation. Under this requirement, each student is required to take PHED 1000, Wellness. Other Basic Physical Education courses may be taken as electives (refer to specific major requirements) or for individual improvement.

Majors in Physical Education and Athletic Training

The Department of HPE offers a Bachelor of Science degree program with majors in Physical Education and Athletic Training. The major in Physical Education offers the following three emphasis areas: teacher certification (P-12), exercise science, and physical education with the leadership minor.

Academic Requirements

No grade below C will be accepted in physical education and athletic training courses presented to fulfill the requirements for a physical education major and emphasis area or athletic training major.

Club Participation

All physical education majors are expected to be members of the Health and Physical Education Majors Club and adhere to its policies, regulations, and procedures.

MAJOR IN PHYSICAL EDUCATION- EMPHASIS IN TEACHER CERTIFICATION

Admission Requirements

To be eligible for admission to the physical education teacher certification program, a student must meet the admission criteria of the NGCSU Teacher Education Program. The criteria includes attaining a 2.75 grade point average, successful completion of prerequisite courses, successful completion of GACE requirements, and submission of a formal application.

Core Curriculum Requirements

60 hours

All baccalaureate degree programs at NGCSU have as a requirement the satisfactory completion of at least 60 semester credit hours comprising the six areas of the Core Curriculum. A complete description of Areas A-E of the core curriculum can be found on page 105. Individual degree programs may specify exceptions and/or particular courses which must be taken within each Area A-E of the core curriculum. Those exceptions and/or course requirements and Area F of the core curriculum are shown below.

Area A	no exceptions
Area B	no exceptions

MAJOR IN PHYSICAL EDUCATION EMPHASIS IN EXERCISE SCIENCE

Admission Requirements

To be eligible for admission to the Exercise Science emphasis area within the Department of Health and Physical Education, a student must meet the following minimum requirements:

1. Complete 40 semester hours of credit with an overall grade point average of 2.75 or higher;
2. Complete all courses in Area A (Essential Skills) classes, BIOL 2250 and BIOL 2251 with a grade of "C" or better. All prerequisite courses must be successfully completed no later than the conclusion of the spring semester;
3. Complete a request for a criminal background check (admission may be revoked if serious offenses are found); and
4. Complete an application for admission to the Exercise Science emphasis area. Applications will be received in January of each year for a fall semester admittance (application deadline information is posted on the Health and Physical Education - Exercise Science web site).

All students entering into the Exercise Science emphasis area must be accepted before beginning any professionally-based coursework. A completed application must be submitted during the sophomore year and approved prior to admission to the Exercise Science emphasis area. Also, a copy of the student's NGCSU college transcript and the Criminal Background Check Consent form (form can be notarized upon receipt) must be included with the application. An unofficial or "student" transcript copy is sufficient. It is strongly encouraged that this process be initiated as soon as possible, preferably in the spring semester of the sophomore year. Furthermore, admission is required prior to enrollment in the following upper division classes: PHED 3350, 3380, 3380L, 4430, 4430L, 4470, 4480, and 4490.

Complete applications (accepted only once per year) will be accepted in January of each year with a deadline for application submission in February for fall semester admittance. Candidates whose applications have met all admissions criteria will be contacted shortly afterwards to schedule an interview with the Exercise Science Admissions Committee. After all interviews are completed, the Admissions Committee will select 24 students for admittance into the program. All applicants will receive a letter indicating their status within the program. Students that met the admissions requirement, but not selected for admittance, will be ranked and placed on a waiting list. Any accepted student that does not meet the minimum prerequisite requirements will have their acceptance letter withdrawn and the first qualified applicant on the waiting list will receive a letter of acceptance.

Retention In Exercise Science Emphasis Area

One important aspect of the Exercise Science emphasis area is the constant vigilance exercised by the faculty involved to ensure that standards of quality are maintained. The following standards must be maintained for continued retention

in the emphasis area:

1. Compliance with rules and regulations prescribed for all students at NGCSU;
2. Adherence to the Code of Ethics of the Professional Practices Commission;
3. Completion of all courses in the academic major with an academic grade of “C” or better;
4. Demonstration of competence in the use of oral and written language; and
5. Maintenance of an overall grade point average of 2.75 as required for emphasis area admission.

Probation And Suspension

Students may be placed on probation and/or suspension if they fail to comply with the standards for retention in the Exercise Science emphasis area. Two consecutive semesters or sessions on probation will result in suspension from the Exercise Science emphasis area. In addition, a student will not be allowed to register for PHED 4490 (Internship: Exercise Science) until the standards for retention in the Exercise Science emphasis area are met. Due to the sensitive nature of working with both symptomatic and asymptomatic individuals in various fitness settings (i.e., clinical, corporate, commercial, and community), this policy will be strictly enforced.

Appeals

Students denied admission to or continuance in the Exercise Science emphasis area may appeal the decision to the School of Education’s Student Admissions and Recognition Committee. Appeals must be made in writing and should clearly state why an exception should be made. An adverse decision by the dean may be appealed in writing to the Vice President for Academic Affairs, whose decision shall be final.

Caveat

For the most recent information on current Exercise Science policies and procedures, please review the NGCSU Exercise Science emphasis area web site (under Academics/Academic Majors/Physical Education – Emphasis in Exercise Science).

Core Curriculum Requirements

60 hours

All baccalaureate degree programs at NGCSU have as a requirement the satisfactory completion of at least 60 semester credit hours comprising the six areas of the Core Curriculum. A complete description of Areas A-E of the core curriculum can be found on page 105. Individual degree programs may specify exceptions and/or particular courses which must be taken within each Area A-E of the core curriculum. Those exceptions and/or course requirements and Area F of the core curriculum are shown below.

Area A	no exceptions
Area B	no exceptions

PHYSICAL EDUCATION WITH THE LEADERSHIP MINOR EMPHASIS

Admission Requirements

To be eligible for admission to the Physical Education Major with Leadership Minor emphasis area within the Department of Health and Physical Education, a student must meet the following minimum requirements:

1. Complete 30 semester hours of credit with a grade point average of 2.50 or higher;
2. Be admitted into the program upon completion of 75 semester hours of credit;
3. Successfully complete the Regents' Skills Test (all new freshmen and transfer students from non-University System of Georgia institutions must complete the Regents' Skills Test during their first semester enrolled at NGCSU);
4. Complete all courses in Area A (Essential Skills) of the core curriculum with a grade of "C" or better;
5. Complete an application for admission to the Physical Education (Leadership Minor) emphasis area at the conclusion of the sophomore year or the fall semester of the junior year. It is strongly encouraged that this process be initiated as soon as possible, preferably at the conclusion of the sophomore year.

Retention In Physical Education with the Leadership Minor Emphasis Area

One important aspect of the Physical Education Major with Leadership Minor emphasis area is the constant vigilance exercised by the faculty involved to ensure that standards of quality are maintained. The following standards must be maintained for continued retention in the emphasis area:

1. Compliance with rules and regulations prescribed for all students at NGC-SU;
2. Adherence to the Code of Ethics of the Professional Practices Commission;
3. Completion of all courses in the academic major with an academic grade of "C" or better;
4. Demonstration of competence in the use of oral and written language; and
5. Maintenance of an institutional grade point average of 2.50 as required for emphasis area admission.

Probation and Suspension

Students may be placed on probation and/or suspension if they fail to comply with the standards for retention in the Physical Education with the Leadership Minor emphasis area. Two consecutive semesters or sessions on probation will result in suspension from the Physical Education with the Leadership Minor emphasis area.

Appeals

Students denied admission to or continuance in the Physical Education with the Leadership Minor emphasis area may appeal the decision to the School of Education's Student Admissions and Recognition Committee. Appeals must be made in writing and should clearly state why an exception should be made. An adverse decision by the dean may be appealed in writing to the Vice President for Academic Affairs, whose decision shall be final.

Core Curriculum Requirements

60 hours

All baccalaureate degree programs at NGCSU have as a requirement the satisfactory completion of at least 60 semester credit hours comprising the six areas of the Core Curriculum. A complete description of Areas A-E of the core curriculum can be found on page 105. Individual degree programs may specify exceptions and/or particular courses which must be taken within each Area A-E of the core curriculum. Those exceptions and/or course requirements and Area F of the core curriculum are shown below.

Area A	no exceptions
Area B	no exceptions
Area C	no exceptions
Area D	no exceptions
Area E	no exceptions

Area F. Courses Appropriate to Major

18 Hours

BIOL 2250	4 hours
BIOL 2251	4 hours
Business Elective (2000 level)	3 hours, if not taken in Area E
COMM 1110	3 hours, if not taken in Area C
PHED 2000	3 hours
Approved Elective	1 hour

Physical Education Courses

33 hours

PHED 2010	1 hour
PHED 3012 or 3023, 3014, 3305, 3395	2 hours each
PHED 3330, 3360, 4405, 4416, 4450, 4460	3 hours each
ATEP 2335	3 hours
HPE Elective	3 hours

Physical Education Activity Courses (Citizen or Military Track)

3 hours

Any three 1-hour physical education courses (1000/2000/3000 level)

1 hour each

Leadership Minor (Military Track)

17 hours

3 credit hours selected from the following courses:

CSCI 1100/CSCI 1150	2 hours/1 hour
CSCI 1200/1301	3 hours
CRJU 4320	3 hours

3 credit hours selected from the following courses:

HIST 3280, 4232, 4660, 4860	3 hours each
MILS 3200	3 hours
POLS 4202	3 hours
SOCI 3650	3 hours

11 credit hours from the following courses:

MILS 3000, 3100, 4000, 4100	2 hours each
MILS 4300	3 hours

Leadership Minor (Citizen Track)

15 hours

9 credit hours selected from recommended list of 3000 or higher level courses and approved by the Leadership advisor

3 hours each

LEAD 4000

3 hours

LEAD 4490

3 hours

Other Requirements:

9 credit hours of electives for Citizen Track or 7 credit hours of electives for Military Track (to bring total to 120 credit hours)

Requirements in addition to the 120 hours (exclusive of the basic PE requirement):

Regents' Skills Test or exemption (must be taken during the first semester)

U.S. and Georgia Constitution & History requirement

MAJOR IN ATHLETIC TRAINING

The Athletic Training major provides a concentrated program of courses designed to prepare students for a career in the profession of athletic training. In addition to the academic curriculum, students gain hands-on experience through a variety of clinical rotations. At the time of graduation, the athletic training student is prepared to take the Board of Certification (BOC) exam. Successful completion of this exam enables the student to become a nationally certified athletic trainer.

The Athletic Training Education Program (ATEP) is a Commission on Accreditation of Athletic Training Education (CAATE) accredited program. The ATEP gained accreditation status in the fall of 2002.

Athletic Training is recognized by the American Medical Association as an allied healthcare profession. The certified athletic trainer (ATC) is a highly educated skilled professional specializing in the prevention, treatment, and rehabilitation of athletic injuries and illness. In cooperation with physicians and other allied health personnel, the ATC functions as an integral member of the athletic healthcare team. The certified athletic trainer can work in a variety of settings: secondary schools, colleges or universities, sports medicine clinics, professional sports, health clubs, and industrial settings.

Admission Requirements

Admission to ATEP is required to enroll in any of the Athletic Training classes (except ATEP 2335, 2336, and 2001). A student must complete a minimum of 40 semester hours of credit in order to begin the application process. A maximum of twelve students per year will be admitted into the ATEP. Admission status is determined as soon as a student has submitted all of the necessary materials.

To be eligible for admission into the ATEP, a student must submit all of the following:

1. Current transcript showing a minimum of 40 semester hours of credit completed.
2. Current transcript showing a 2.75 or better overall grade point average.
3. Current transcript showing successful completion of the Regents' Skills Test (all new freshmen and transfer students from non-University System of Georgia institutions must complete the Regents' Skills Test during their first semester enrolled at NGCSU).
4. Current transcript showing all Area A classes, BIOL 2250, and BIOL 2251 with a C or better and ATEP 2335, 2336, and 2001 receiving a B or better. A plan of study approved by the School of Education Admissions Office indicating the anticipated completion of all required prerequisite courses is also acceptable. All prerequisite courses must be completed with minimum grade requirements prior to enrolling in the professional preparation phase of the program.
5. A completed Application Form for the NGCSU ATEP.

6. A completed NGCSU ATEP Observational Hours in Athletic Training Form signed by a BOC certified athletic trainer. Fifty Athletic Training Observational hours are required.
7. A completed NGCSU ATEP Physical Form signed and dated by a medical physician. This physical also includes a Technical Standards Form required by the ATEP. The Technical Standards Form must be signed and dated by the medical physician as well as by the applicant.
8. An ATEP immunization form signed and dated by a medical physician.
9. Students must maintain current health insurance through the duration of the program.
10. Proof of current Professional Rescuer or Healthcare Provider (American Red Cross or American Heart Association) certification.
11. Proof of current Standard First Aid (American Red Cross/American Heart Association) certification.
12. Completed request for a criminal background check (admission may be revoked if serious offenses are found).
13. Two letters of recommendation (one from non-NGCSU certified athletic trainer) from non-familial sources.
14. Letter of application stating why student wants to enter the program.
15. Interview with ATEP Admission Committee.

All forms required for admission can be obtained by accessing the NGCSU ATEP web site or by contacting the ATEP coordinator. Please send a completed admission materials to: ATEP Admissions, School of Education, attention: Dana Turner.

The deadline to submit an admissions packet is third week of March of each year. Completed packets will be reviewed to determine if all admission criteria have been met. Applicants will be contacted during the first week in April to schedule an interview with the ATEP admissions committee. Interviews will be conducted during the first two weeks in April. Once all interviews have been completed the committee will meet to select fourteen students for admission into the ATEP. The student's interviews along with all other admission requirements are the basis for acceptance into the program. Students will receive a letter indicating their status within the ATEP. Students meeting the requirements but not selected for admittance into the program will be ranked and placed on the waiting list.

A student's acceptance will be withdrawn if prerequisite course grade(s) do not meet minimum requirements. Students will be notified of this possibility at the time of admission. If a student's acceptance is withdrawn, the highest ranking candidate on the waiting list will receive a letter of acceptance.

Students not accepted into the program can appeal the decision by writing a letter of appeal to the School of Education Student Recognition and Awards Committee. This committee will review the appeal and render a final decision.

If by August 1st, the maximum number of students admitted has not been attained, students may be admitted under provisional status. Students who do not meet the overall 2.75 GPA requirements will be considered for admission into the

ATEP, provided all other criteria have been met and submitted. A student must have a minimum 2.65 overall GPA to be considered for admission under appeal. A student must submit a letter to the School of Education Admissions office requesting provisional admission. Applicants will be reviewed and student(s) with the highest overall GPA will then be admitted into the ATEP on provisional status. Provisional students must complete his or her first semester in the ATEP with a 2.75 GPA. If this is not achieved, then he or she will be removed from the ATEP.

Technical Standards

The Athletic Training Education Program at North Georgia College & State University is a rigorous program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Education Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). All students admitted to the Athletic Training Education Program must meet the following abilities and expectations. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program. The Technical Standards Form must be completed by each candidate and a medical physician. The Technical Standards Form must be submitted as part of the application process.

Additional Requirements

A field placement fee (\$100.00) is assigned during all semesters that has a clinical based ATEP class. These classes include ATEP 2336, 2001, 3001, 3002, 4001, and 4002.

When a student is accepted into the Athletic Training Education Program, he or she will receive an Athletic Training Education Policies and Procedures Manual. This manual will address the following: additional costs such as athletic training attire (approx. \$150.00), mandatory liability insurance (\$35.00 per year), clinical rotation requirements, gas money, travel time and expenses, maintaining current health insurance, additional expectations while on rotation; mandatory in-services and professional development activities; recommended memberships such as the Georgia Athletic Trainers' Association (GATA), Southeast Athletic Trainers' Association (SEATA), and the National Athletic Trainers' Association (NATA).

Clinical Rotations

Students in the Athletic Training Education Program are required to gain experience through various clinical rotations. These rotations are assigned during all four semesters in the professional phase of the ATEP. Fifteen to twenty hours per week are required for successful completion of these rotations. Rotations include, but are not limited to a rehabilitation clinic, orthopedic clinic, general medicine practice, NGCSU athletic teams, high school football and additional high school teams. An approved clinical instructor (ACI) will evaluate student performance two times a semester. A student must achieve a 75% average or better on these evaluations to remain in the ATEP.

Retention Standards:

1. Compliance with the rules and regulations prescribed for all students at NGCSU;
2. Compliance with the ATEP rules and regulations in the Athletic Training Student Handbook;
3. Adherence to the National Athletic Trainer's Code of Ethics;
4. Completion of all courses in the academic major with a grade of a "C" or better;
5. Achievement of a 75% average or better on student clinical evaluations for each semester;
6. Achievement of a 75% or better on all proficiencies imbedded in the ATEP curriculum;
7. Demonstration of competence in the use of oral and written language;
8. Current certification as a Professional Rescuer or Healthcare Provider (American Red Cross / American Heart Association);
9. Current certification in Standard First Aid (American Red Cross / American Heart Association);
10. Maintenance of an overall grade point average of a 2.75 for all course work attempted.

Suspension

Failure to meet any of the retention standards can result in the student being suspended from the ATEP. There is no probationary period. A student who fails to meet the retention standards because of illness or other non-academic issues may receive special consideration as his or her case merits. This program has the right to establish additional standards for academic progression based on either academic or clinical performance.

Appeals

A student denied admission to or continuance in the ATEP may appeal the decision to the School of Education's Student Admission and Recognition Committee. Appeals must be made in writing and should clearly state why an exception should be considered. An adverse decision by the committee may be appealed in writing to the Vice President for Academic Affairs, whose decision shall be final.

Caveat

For the most recent information on current ATEP policies and procedures, please see the NGCSU athletic training education major web site (under Academics/Academic Majors/Athletic Training).

Core Curriculum Requirements

60 hours

All baccalaureate degree programs at NGCSU have as a requirement the satisfactory completion of at least 60 semester credit hours comprising the six areas of the Core Curriculum. A complete description of Areas A-E of the core curriculum can be found on page 105. Individual degree programs may specify exceptions and/or particular courses which must be taken within each Area A-E of the core curriculum. Those exceptions and/or course requirements and Area F of the core curriculum are shown below.

Area A	no exceptions
Area B	no exceptions
Area C	no exceptions
Area D	no exceptions
Area E	no exceptions

Area F. Courses Appropriate to Major

18 Hours

PHED 2000	3 hours
BIOL 2250	4 hours
BIOL 2251	4 hours
COMM 1110 or Foreign Language (1001 level)	3 hours
ATEP 2335	3 hours
ATEP 2001	1 hour

Health & Physical Education Courses

22 hours

PHED 4450, 4460, 4480	3 hours each
PHED 3012, 3014, 3305, 3023, 3380, 3395	2 hours each
PHED 3380L	1 hour

Athletic Training Courses

27 hours

ATEP 3468, 4336, 4465, 4466, 4467, and 4468	3 hours each
ATEP 3365, 3370, 4469	2 hours each
ATEP 3365L, 3370L, 4470	1 hour each

Other Requirements

11 hours

ATEP 3001, 3002, 4001, 4002	1 hour each
ATEP 2336	2 hours
PSYC 1030	2 hours, if not taken in Area B
MATH 2400	3 hours, if not taken in Area D

Requirements in addition to the 120 hours (exclusive of PHED 1000):
Regents' Skills Test or exemption (must be taken during the first semester)
U.S. and Georgia Constitution & History requirement
Military Science requirement for military students **12 hours**

**FOR COURSES OFFERED IN
THE DEPARTMENT OF
HEALTH & PHYSICAL EDUCATION
SEE COURSE DESCRIPTIONS
Pages 249-394**

**Prefix
ATEP
PHED**